

Please call the front desk to  
schedule an appointment  
**Dial extension 0**

# Spa Services



SIRENA·DEL·MAR



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### **Deep Mexican Massage**

Releases the chronic patterns of tension in the body through deep pressure on contracted areas through muscles, tendons and fascia. Useful for specific areas or enjoy full-body work.

**60 min | \$95    90 min | \$135**

### **Relaxing Mexican Massage**

A technique for locating and correcting cerebral and spinal imbalances that may cause sensory/motor dysfunction. A subtle treatment with amazing results.

**60 min | \$95    90 min | \$135**

### **In-Room Massage**

The ultimate spa experience in the comfort of your room (excluding Aroma Stone). Based on availability during regular spa hours.

**60 min | \$95    90 min | \$135**

### **Sea and Stars Couples Massage**

The two of you have a chance to relax together on your own massage table with your own therapist.

Twice as nice!

**60 min | \$190    90 min | \$260**

### **Neck and Shoulders**

Includes massage of the neck, shoulders, and upper back, a gentle soothing touch interspersed with firm strokes to promote relaxation.

**30 min | \$55**

### **Mexican Stone Therapy**

Hot stone massage can be added to any massage. Smooth, heated stones are used to help relax tight muscles.

**60 min | \$95    90 min | \$135**

### **Reflexology Massage**

By applying pressure to specific points located on the hands and feet, this massage helps open energy flow and improve balance and circulation.

**30 min | \$55**

### **Deep Cleansing Facial**

A complete cleansing facial focused on improving the condition of blemished skin. The treatment is followed with a soothing mask of advanced skin products to balance and revitalize.

**60 min | \$95    90 min | \$135**

### **Softness Facial**

Restore natural radiance with this facial designed for sensitive skin. Reduces risk of irritation and soothes skin. You will notice increased suppleness and an overall feeling of renewal.

**60 min | \$95    90 min | \$135**

### **Spa Manicure**

Restore youth and moisture to your hands with this classic manicure. Relax and enjoy a meticulous cuticle and nail treatment resulting in strong and resilient nails, followed by an ultra-moisturizing hand massage. Your nails are perfectly primed and polished with the color of your choice.

**\$35**

### **Spa Pedicure**

The ultimate relaxation essential, our spa pedicure includes a warm foot bath, nail shaping, cuticle treatment and gentle exfoliation, rich moisturizers, calming oils and nourishing masque. The experience concludes with a soothing massage and a professional polish.

**\$45**

Prices shown are in US dollars; prices are exclusive of tax and gratuity

All spa services, with the exception of the manicure and pedicure, include a special spa martini (for our guests 18 and older)